



Monday's Scouting Report – "In His Mitt"

December 14, 2015

Your "Why"

Jeff Duke of 3Dimensional Coaching tells coaches to "define your "why" and then teach your athletes to understand it. When you have a clarity of purpose, you can achieve an alignment of effort."

How many times as coaches have you experienced that one moment during the season – could be during a practice or worse yet in a game - when it became clear that your players have not achieved "alignment of effort?" Usually it's mid-point or late in the season after you thought you had gone over every little detail, every situation on the field; and explained concise & clearly the goals of the team and the values the program would use to achieve them.

You are not alone! We have ALL been part of those teams – whether as a player or coach – when that single mission on how to succeed and win on the field was not shared or understood by everyone.

In order for any team to have success there must be a single-minded focus on the process. This is the "clarity of purpose." It is what allows average teams to be good and good to become great! Like a first-class symphony orchestra, everyone needs to play from the same page of music while focused on their own particular instrument and part.

One of the most perplexing things about the story of Christ is that His own Disciples at times just didn't get it. There are numerous times in the Bible where we can find Jesus spending time reiterating to the Disciples His mission here on earth and what their mission would be once he was crucified and ascended into Heaven. He wanted to make sure they understood his "Why." He knew that after his short-time here on earth the Disciples would need to carry on the work of God. They would need to continue the Legacy and carry it forward.

As you prepare for the upcoming season be sure to let your team know your "Why." Define it and teach it to them. Spend time on it. Reiterate it and come back to it throughout the season. It may be the most important thing you do all season.

Similarly, let us not forget the "Why" in our lives – Christ! There is no better time than this Christmas season to prepare our hearts for what He can, what He did, and What He will do in our lives if we allow him too.

"Listen! I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and have dinner with him, and he with Me." (Revelations 3:20)

-- Todd Burger – Director, NOVA/DC FCA Baseball