



FELLOWSHIP OF  
CHRISTIAN ATHLETES  
BASEBALL

March 21, 2018

## Wired to Worship

*“For the flesh desires what is against the Spirit, and the Spirit desires what is against the flesh; these are opposed to each other, so that you don’t do what you want.” (Galatians 5:17)*

Baseball is a great opportunity to worship God. Baseball players have been created and wired to worship through competition. Unfortunately, like anything else that involves our flesh and emotions, baseball can also lead ballplayers astray and focused on themselves and their own success. Eventually this leads to a lack of joy for the game, we once loved to play.

A similar occurrence happens with each of us spiritually. However, when we make the choice to put our faith in Jesus we gain the very real presence of God’s Holy Spirit living in us; and as the Spirit comes into our life it immediately clashes with our flesh/sinful nature (Galatians 5:17). This battle between the flesh and the Spirit is evidence that God is working in our life. If God was not present in our life, then we would not have His Spirit causing conflict with our default desires.

The good news is that the Spirit of Jesus has the power to overcome our flesh and help us to live and compete for God. Paul writes in Romans 8:6; “the mind set on the flesh is death, but the mind controlled by the Spirit is life and peace.”

Let’s focus on the “healthy” things that fuel both our body and soul.

**Question(s):** What do you currently crave?

**Challenge:** Take time this week and read Galatians 5. Commit to remove anything that hinders your spiritual growth and give thanks for the evidence you can see that God is in your life. Pray and ask God to reign in that battle.

**Prayer:** Lord I thank you for the Spirit of Jesus and the presence of you in my life.

-- Todd Burger – NOVA/DC FCA Baseball