



**FELLOWSHIP OF  
CHRISTIAN ATHLETES  
BASEBALL**

## Trust God!

*‘For I know the plans I have for you, declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”’ (Jeremiah 29:11)*

High School baseball tryouts in Northern Virginia begins this week. This is a week that is full of both excitement and anxiety for players and coaches.

Jesus in Matthew 6:25-34 tells us; *“do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?”*

Easier said than done! I know I have tried on numerous occasions to not allow worry to get in the way. However, once I remember these words of Jesus and offer up my particular worries, I am comforted by the knowledge that He is in control. ...and knowing God is in control allows me to focus on doing what I do best and in honoring Him.

If you are a player trying out this week, here are a few things to keep in mind throughout the week.

1. Passion! Play with passion. Run on and off the field. Be the first in your group to each station. If you love the game and you love God, show your coaches and the players around you with your passion.
2. Excellence! You cannot and never will be perfect. But you can be excellent. You can persevere after a rough play, you can be committed to the play, at-bat, or pitch at that moment. You can have personal integrity and play the best you are capable of playing each play. That's playing with excellence!
3. Finally, and most importantly, know this: God has a plan for you! (Jeremiah 29:11). It may be playing for your high school baseball team this year or it may not. But either way He is molding you into the person he wants you to be. Trust Him!

I will be praying for each of you throughout the week. I will be praying for your health and that you will perform the best you are capable of performing. Play with Passion, be Excellent, and Trust God!

**Challenge:** Trust in God and the plan that He has for you. Remember that He is constantly molding you into the person he wants you to be. When you find yourself worrying about a particular situation on or off the field, remind yourself of Jesus' words from Matthew 6 and give them up to God and remember He is in control.

**Reading This Week:** Jeramiah 29:11, Matthew 6:25-34, Colossians 3:23.

**Prayer:** Thank you God for Jesus and your saving grace. Give me the courage and boldness to remember your Word and that you are in complete control. Thank you for your creation and give me the passion and focus to live out the life you have planned for me. Amen.

-- Todd Burger – Director, NOVA/DC FCA Baseball