



FELLOWSHIP OF
CHRISTIAN ATHLETES
BASEBALL

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Trust the Process

“Or do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God’s kindness is intended to lead you to repentance.” Romans 2:4

John Wooden in his book *Pyramid of Success* wrote; “patience is the ability to wait and calmly persevere. We all grow impatient, but some people have more trouble waiting than others do. We tend to forget that all good things take time.”

Waiting is hard! Yet it is in the waiting – during the journey – where greatness is developed. In baseball we know that hitting a baseball is the hardest thing to do in sports. In fact, a player with a .300 batting average is acclaimed in professional baseball.

There is a process that a successful hitter must endure if he wants to become the best. It is a process that involves thousands and thousands of correct swings, hand and eye coordination, and proper strength and conditioning. It starts as a young ballplayer in Little League continues in youth leagues on the “big field” during middle school, high school, college, and eventually into the Minor Leagues.

Needless to say, becoming a successful major league hitter doesn’t happen overnight. Our walk with God is the same way. Our walk of faith is just that – a walk, a journey. It is a process that begins when we accept Jesus as our Lord and Savior, turn from the sins and burdens that bind us, and choose to turn and live in a new and different way!

Our walk with Jesus doesn’t end there. In fact, it is only the beginning. It is the beginning of transformation and becoming more like Him each and every day. It is a process. Like hitting, some days we go 4-4 and experience a journey full of renewal and delight. Other days we go 0-4 and we seem disillusioned, impatient, and frustrated. Either way, if we want to succeed – as a hitter and as a Disciple – we must be willing to continue to put in the work required.

In hitting this means reviewing our video tape, training and always learning. As a Disciple it means reading God’s Word (the Bible), spending time with him in prayer, worshiping Him at church, and sharing what we learn with others.

In short, it means: do the work and trust the process!

Questions: Are you doing the work and trusting the process? Are you spending time reading God’s Word and spending time in prayer? Are you putting what you learn into action?

Challenge: Take time this week to read Luke 15:4-32 and Romans 2:4.

Prayer: Thank you Lord for your mercy and grace. Thank you for caring enough for me to enter my life, where I am. Give me the wisdom, endurance and perseverance to do the work and trust in your process. Amen.

-- Todd Burger – NOVA/DC FCA Baseball