



FELLOWSHIP OF  
**CHRISTIAN ATHLETES**  
**BASEBALL**

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*The following is a devotional written by former FCA Staff Member, Michael Hill, published April 15, 2011.*

## The Sweet Spot

*“Better is one day in your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked.” -Psalm 84:10*

It’s called the “sweet spot.” Every batter in baseball knows where it is. They dream about the sound the bat makes when they find it. From 5-year-old T-ball players to 25-year-old Major League All-Stars, every one of them wants to find the sweet spot. But it’s not just for baseball. Have you ever seen the look on a basketball player’s face when they know their shot is going in? Watch highlights of Michael Jordan from back in the day or of LeBron James now, and you’ll see what I mean.

As athletes we all want to live in the sweet spot. And I believe that, as Christians, we also want to live in the sweet spot—God’s sweet spot. In the Psalms, we can read about such a place. “Better is one day in your courts than a thousand elsewhere.”

Think about the best game you ever played. Maybe it was the championship football game in which you ran for 200 yards, or maybe it was the track meet where you ran the 100 in under 10 seconds to win the state championship. Whatever your athletic highlight, it can’t compare to a single day in God’s courts.

The good news is that, unlike pitchers who try to avoid letting the batters into a sweet spot, God isn’t trying to hide His from us. He’s not throwing curve balls or nasty sliders. He tells us exactly how to get to His sweet spot. All we have to do is read His Word and seek Him.

Today, accept the calling God has given you and find your spiritual sweet spot. Do that, and you’ll hit a home run every time?

**Questions:** Do you know how to get to God’s sweet spot? Are you learning how to live your life in the God’s sweet spot all the time? How much time are you spending in God’s sweet spot?

**Challenge:** Take time this week to read Jeremiah 29:12-13, Psalm 119:9-11, 105; and Colossians 4:2

**Prayer:** Father God, today I pray that I might spend one day in Your courts. Help me to serve You with this life You have given me.

-- Michael Hill – former FCA Staff Member

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