



FELLOWSHIP OF
CHRISTIAN ATHLETES
BASEBALL

March 14, 2018

Practice

“But now, since you know God, or rather have become known by God, how can you turn back again to the weak and bankrupt elemental forces? Do you want to be enslaved to them all over again? (Galatians 4:9)

In Galatians 4 we learn that due to Paul’s preaching, the Galatians joyfully received the truth of the gospel and experience the great freedom of being adopted as children of God. However, it seems that after Paul left, they began fall back into what he describes as a state of spiritual slavery. They had once again embracing their old ways, a system of spirituality that was weak and worthless.

As athletes it is easy to slip back to our “old way.” Have you every practiced a new skill, corrected a flaw in your swing, learned to throw a new pitch and then because of momentary failure, slipped back to your old habits? We all have! It takes at least 60 days to learn a new skill.

Like baseball skills, as followers of Jesus, we need to practice our spiritual skills – reading the bible, praying (communicating with God), and fellowshiping with other believers. At times this will seem easy and at others more difficult and challenging. Yet it is through those challenging times when growth happens.

God has promised that Jesus’ life and death has paid the penalty for our sins in full and has granted us a righteous standing before Him in spite of our sinfulness. We must believe this promise.

Our greatest temptation is failing to believe the cross was necessary or failing to believe that Jesus is all we need. Keep your “eye on the prize” and remember that you are an adopted son of God. You are not a free agent. You are on His team. And God has promised never to release you, no matter how low your batting average dips.

Question(s): Do you know that your eternal worth is based on your faith in Jesus and not on how you measure up to others? Have you contemplated the implications of being an adopted child of God?

Challenge: Take time this week and read Galatians 4. Daily remind yourself that you are on God’s team because of the cross and resurrection of Jesus.

Prayer: God, teach me to rest in the work that Jesus has already accomplished, so that I may follow you with joy, live in freedom and not be burdened.

-- Todd Burger – NOVA/DC FCA Baseball