



October 3, 2016

No Fear

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.” (2 Timothy 1:7)

The word “crisis” when written in Chinese is composed of two characters: one representing danger and the other opportunity.

So it is for those who play and live like champions both on and off the field. A champion is an individual that looks at any situation with opportunity, even when most would see a problem. Champions play and live with passion. They think and perform without fear.

As coaches, it is our job to create an environment where our athletes can perform with passion and fearlessness. Timidity is not and should not be an option for our team. Creating such an environment starts in practice. We must develop opportunities where players can learn to stretch and go beyond what they perceive as capable. It means rewarding effort and replacing fear with passion and love.

It is no different in our walk with Christ. We have been covered in God’s grace through the sacrifice of Jesus on the cross. Our sins have been washed clean and we are a new creation in Christ. As such, we are called to “keep our eyes on the prize” and go where He sends us, not worrying about the “how” or the “if.” God did not intend us to live in fear, and sent his perfect love in the form of Jesus as an example of how we ought to live and coach.

Today, coach and live like a champion. Provide your team with the love and grace needed to play and live like champions.

Questions: How would having a spirit of power, love and discipline affect your coaching today? How can you love your team and help them to have and play with a spirit of love instead of timidity?

Challenge: Thank God today for Jesus. Allow God to give you time for his mercy and grace to do its work both in you and in your players.

Prayer: Thank you Lord for your grace and love and offering me an opportunity to live without fear. Provide me with the wisdom and grace to coach in a way that creates an environment of passion and love.

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