



FELLOWSHIP OF
CHRISTIAN ATHLETES
BASEBALL

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Little Moments of Change

“Do not be conformed to this age, but be transformed by the renewing of your mind, so that you may discern what is the good, pleasing, and perfect will of God.” -- Romans 12:2

It's a new year! 2016 has come and gone. Many, if not you, have committed to making a change. A change of heart, a change of attitude, or a change in some unwanted habit.

However, the reality is that few of these commitments will be met. Gyms will empty out in a few weeks and procrastinators' will fall back on time wasting habits.

Change and commitment are both important, but neither happens overnight in one dramatic event. And many are unwilling to wait for change to happen. Instead, true change happens slowly, one step at a time. It is the individual that focuses and commits to the slow and mundane process of growth from the victories found in the little moments that will experience true transformation!

It is like that in baseball. In order to win the game, you must win the inning. To win the inning, you must win (succeed in) the events that transpire in each inning. The game winning home run only happens because of the small and seemingly unimportant events that happened prior to the dramatic hit. It is the routine groundballs that are fielded, the pitcher hitting his spots on a 1-1 count in the 3rd inning, or a baserunner going first to third on a base hit. All of these events happen routinely every game and are lost in the box score and stats. Yet, a game cannot be won unless these seemingly mundane and forgettable events happen successfully inning after inning.

Transformation of our heart, true change happens the same way. In fact, God uses the little moments of our lives to re-create us into the image of Jesus. These little moments are profound and are meant to be lived-in and experienced. In so doing we are changed.

It is how we respond to these little moments that will shape our character and determine how we will react in the big and dramatic moments – good or bad.

Let us in 2017 commit to a process of transformation that comes about in the little moments of our lives. Let us choose to live with our eyes and hearts wide open to God's work in our lives.

Question: Are you looking for big and dramatic change in your life. Are you willing to do the real, sometimes hard work necessary in the little moments of life to experience true change?

Challenge: Read Romans 12:1-2; 2 Corinthians 3:18; Philippians 3:21. Spend some quiet time each day reflecting on what God is teaching you in the little moments.

Prayer: Thank you God for the opportunity to become more and more like your Son. Grant me the wisdom and persistence to live and experience the little moments of my life with my eyes and heart wide open. Amen.

-- Todd Burger – NOVA/DC FCA Baseball